

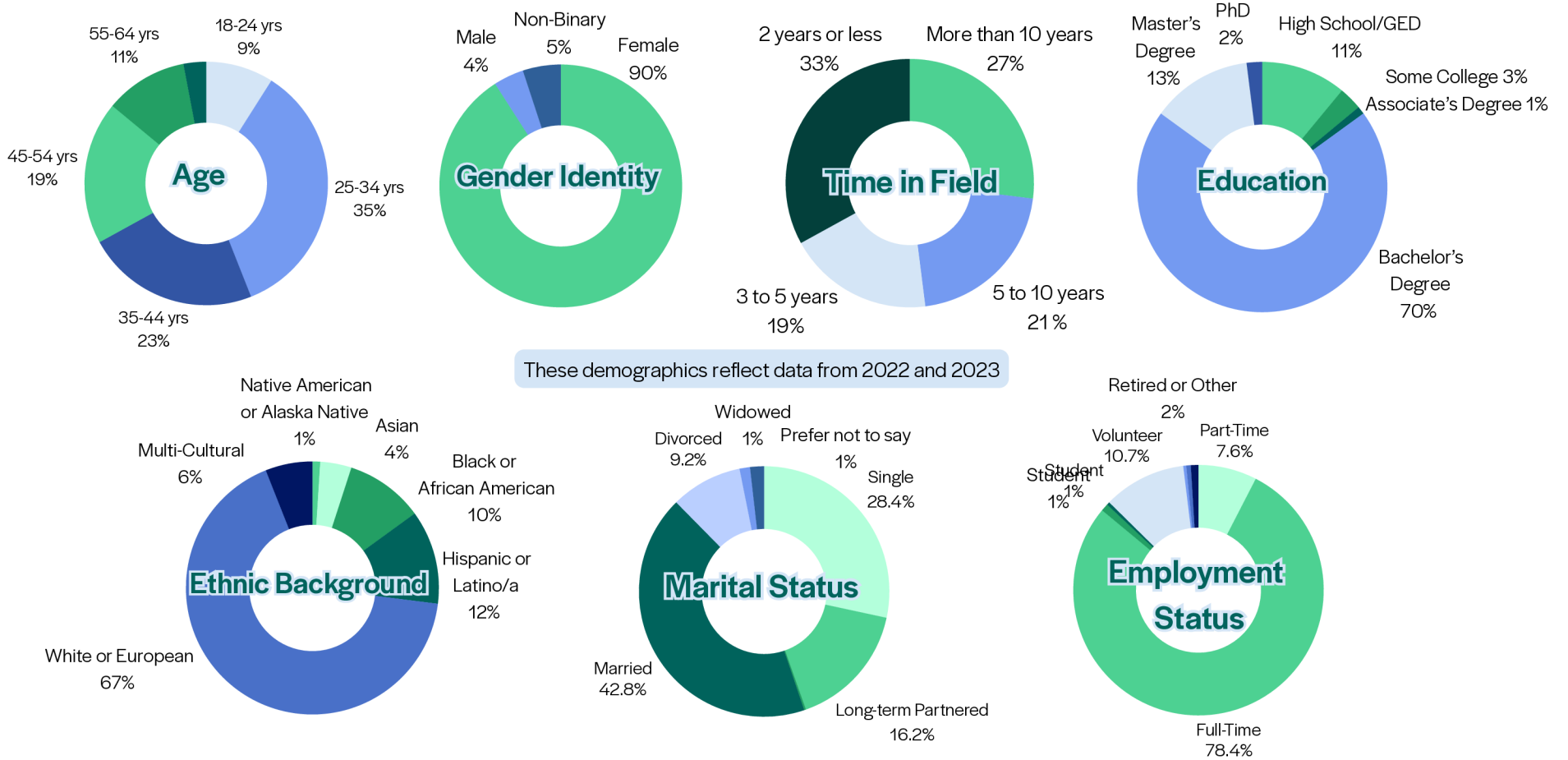
# RAFT Advocate Wellness Survey Results

## About the survey and the advocates who participated

482 Sexual and Domestic Violence professionals in the United States took our survey in 2022 and 2023.

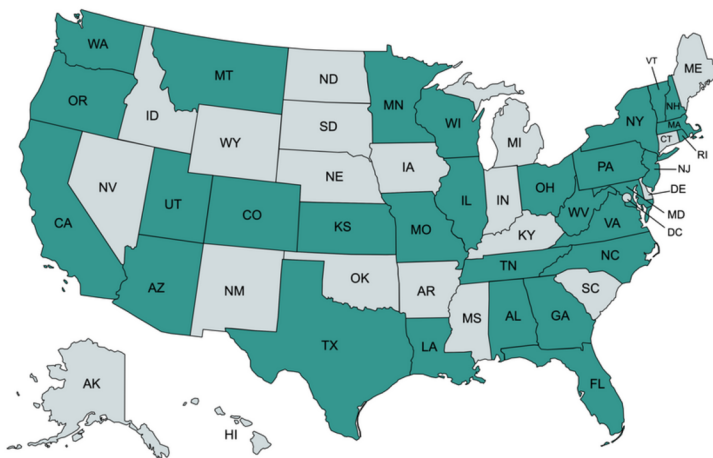
58% of participants currently work in a direct service position. 13% hold administrative positions. 20% are in different levels of leadership, including managers, supervisors and executive directors.

61% of participants identify as survivors of domestic or sexual violence.



## Where are participants living and working?

A State demographics question was added to the 2023 survey. We received responses from advocates in 30 US States. The majority of our survey respondents are from Texas and make up 26% of responses from our 2023 survey. Illinois, New York, Oregon, and Tennessee are tied for second place making up 8% each of the total responses.



**“The thing I value the most regarding our organization is that we stay true to the mission of empowering survivors of domestic violence as well as educating the community which in turns assists in the larger contribution to society by shining light on the darkness of domestic violence.”**

## What advocates have to say:

**“I keep showing up because someone has to do this.”**

**“I feel most engaged when I feel like the work I am doing is making an impact. I feel this when I am able to support a survivor in reaching a goal...”**

**“I love that we serve as a light in the dark for our survivors. I love that we offer them a little bit of peace during such challenging moments in their lives.”**

**“Every time I can be a supportive ally to a survivor, to understand the dynamics of power and control and how they preclude anything being a survivor's fault, it makes me feel like I have contributed positively to a world I want to see. This often happens with South Asian survivors or survivors who come from other extended family systems where their belonging to a relationship with a partner determines their belonging in a larger community and they are encouraged by everyone in that community to endure abuse as part of their gender roles.”**  
- Frontline Advocate, 2023

**“I bring my resilience, attention to detail, compassion and my wonderful sense of humor to my team and organization.”**

**“I value my ability to empathize and create a safe space for people. I think I do that well because I am able to sit with people in their darkest times without judgment and without pressuring them to make a decision they're not ready to make.”**

**“I'm an advocate at heart and will always go to bat for my clients. I am so passionate about this field and the work that I do which makes me the best advocate possible.”**



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